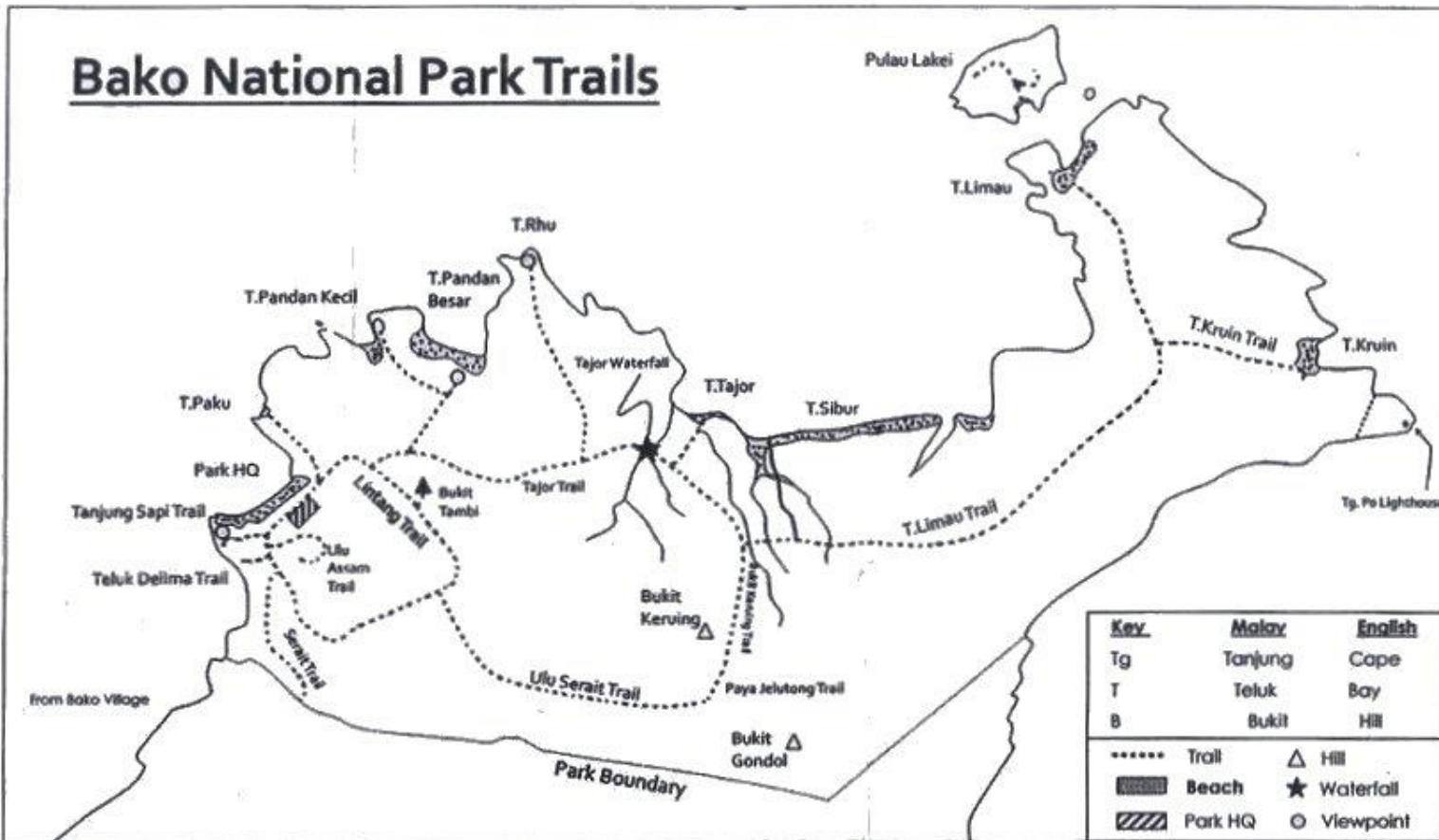


SENTIERI DEL BAKO NATIONAL PARK

<i>Nome del sentiero</i>	<i>Lunghezza dal Quartier Generale</i>	<i>Tempo necessario</i>	<i>Colore sulla mappa del parco</i>
Tanjung Sapi	400 metri	30 minuti	Bianco/Rosso
Telok Paku	800 metri	1 ora	Bianco
Ulu Assam	700 metri	1 ora e 15 minuti	Rosso/Blu
Telok Delima	1 km	45 minuti	Bianco/Blu
Telok Pandan Besar	1,9 km	1 ora	Giallo
Telok Pandan Kecil	2,6 km	1 ora e mezza	Giallo
Serait	2,2 km	1 ora e mezza	Bianco/Giallo
Lintang	5,8 km	3 ore e mezza	Rosso
Tajor	3,5 km	2 ore e mezza	Bianco/Rosso
Tanjung Rhu	4,2 km	2 ore e mezza	Rosso/Giallo
Bukit Keruing	5,5 km	3 ore e mezza	Blu
Paya Jelutong	5,7 km	3 ore e mezza	Bianco/Blu
Bukit Gondol	7,7 km	4 ore e mezza	Bianco/Giallo
Ulu Serait	4,8 km	3 ore	Giallo/Blu
Telok Sibur	5,5 km	3 ore e mezza	Nero/Rosso
Telok Limau	13 km	8 ore	Rosso/Blu
Telok Kruin	12,8 km	8 ore e mezza	Blu/Arancione
Pa' Amit (Lakei Island)	1 km	30 minuti (dall'isola)	Arancione

Bako National Park Trails



Please take a minute to observe our rules and regulations

- Do not go off the trail
- Do not litter
- Do not write anything on the rocks, trees and other facilities
- Do not feed animals at the park
- Do not cut, collect any plant or animal specimen in the park
- Do not collect shells on the beach
- Do not build any open fire

Accommodation Time
 Check-in : 1400 hrs
 Check-out : 1100 hrs

No	Trail Name	One Way from HQ		Colour Code	No	Trail Name	One Way from HQ		Colour Code	No	Trail Name	One Way from HQ		Colour Code
		Distance	Time				Distance	Time				Distance	Time	
1	Tg. Sapi	700 m	30 mins	Red/White	7	Tajor	3.5 km	2 ½ hrs	White/Red	13	Bukit Kruing	5.5 km	3 ½ hrs	Blue
2	T. Delima	1 km	45 mins	White/Blue	8	Serait	2.2 km	1 ½ hrs	Yellow/White	14	Paya Jelutong	5.7 km	3 ½ hrs	Blue/White
3	T. Paku	800 m	1 hr	White	9	Tg. Rhu	4.2 km	2 ½ hrs	Yellow/Red	15	T. Limau	13 km	8 hrs	Blue/Red
4	Ulu Assam	700 m	1 ¼ hrs	Red/Blue	10	Ulu Serait	4.8 km	3 hrs	Yellow/Blue	16	T. Krui	12.8 km	8 ½ hrs	Black/Blue
5	T. Pandan Besar	1.9 km	1 hr	Yellow	11	Lintang [Loop]	5.8 km	3 ½ hrs	Red					
6	T. Pandan Kecil	2.6 km	1 ½ hrs	Yellow	12	T. Sibur	5.5 km	3 ½ hrs	Black/Red					

Note: Trail that lead to beaches: T.Paku, T.Pandan Kecil, T.Tajor, T.Sibur, T.Limau and T.Krui

Note: If you want to go for longer trails [T.Sibur, Bukit Kruing, Paya Jelutong, Bukit Gondol, T.Limau, T.Krui] please inform the Registration Counter before going and upon arrival